

SDG 02

ZERO HUNGER



LIST OF ACTIVITIES

SR. NO.	ACTIVITY TITLE
1	Food and Culture Fest
2	Food Drive
3	FM Talk on Zero Hunger and Food Security
4	Sustainable cooking competition
5	Awareness Campaign on Food Wastage
6	World Food day
7	Promoting Ecofriendly Food Practices



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ACTIVITY 01: FOOD AND CULTURE FEST

Organized By:
The Directorate of Sustainability and Environment
in collaboration with Pharma Spark, & WOH



The Directorate of Sustainability and Environment (DSE) organized a delightful Food Fest to support SDG 2, specifically targeting 2.1 to encourage access to safe, nutritious, and adequate food for all. Students from different departments registered and arrived enthusiastically to set up and decorate their stalls. The guests inaugurated the fest with a ribbon-cutting ceremony and visited each stall, asking insightful questions about calorie counts and nutritional benefits. With unique challenges and fun dares, the stalls drew enthusiastic student participation across campus. All registration fees were dedicated to a food drive, reinforcing the event's purpose of supporting food security. The fest concluded with a certificate ceremony to honor the students who managed the stalls, making it a memorable celebration of sustainable food practices.



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ACTIVITY 02: FOOD DRIVE

Organized By:
The Directorate of Sustainability and Environment
in collaboration with Pharma Spark, & WOH



DSE organized an impactful food drive utilizing the funds collected from stall registration of Food Fest. This event aimed to give back to the university community, providing meals to campus guards, attendants, and other dedicated staff members. This drive aligned with SDG Target 2.1, which focuses on ensuring access to safe, nutritious, and sufficient food for all people. Through this effort, community spirit was fostered, taking a step toward building a more inclusive and supportive campus environment by addressing food security and well-being for all. By meeting the basic needs of those who support us daily, the food drive reinforced the importance of shared responsibility in achieving food security for everyone.



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ACTIVITY 03: FM TALK ON ZERO HUNGER AND FOOD SECURITY

Organized By:
The Department of Bioinformatics and Biosciences



A dedicated FM talk on food security and microbial contamination was conducted at the FM Studio, F Block, in collaboration with Genix as part of ongoing efforts toward SDG 2 (Zero Hunger). The session critically examined the root causes of hunger in Pakistan, emphasizing that food insecurity is closely linked to unsafe food systems, poor sanitation, and microbial contamination rather than food scarcity alone. Key issues such as improper food handling, contaminated water, and lack of food safety awareness were highlighted as major contributors to foodborne illnesses and malnutrition. The discussion explained how these factors reduce nutritional value and hinder nutrient absorption, particularly among vulnerable populations. The initiative reinforced the importance of SDG Targets 2.1 and 2.2 by promoting access to safe, nutritious food through improved hygiene practices, awareness, and systemic food safety measures.



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ACTIVITY 04: SUSTAINABLE COOKING COMPETITION

Organized By:
The Department of Management Sciences



The Directorate of Sustainability and Environment, in collaboration with JMS, organized a Cooking Competition to promote sustainable food practices in alignment with SDG 2, particularly Target 2.1, which emphasizes access to safe, nutritious, and adequate food. Students from various departments participated enthusiastically, presenting dishes based on mindful ingredient selection and sustainable cooking approaches. Guests and judges visited each station, engaging participants in discussions on nutritional value, calorie content, and sustainability considerations. Creative challenges encouraged awareness of healthy and responsible food choices across campus. The event concluded with the recognition of the most sustainable concepts through certificates and awards, reinforcing the importance of nutritious and sustainable food systems.



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ACTIVITY 05: AWARENESS CAMPAIGN ON FOOD WASTAGE

Organized By:
The Department of Bioinformatics and Biosciences



An awareness campaign on food wastage was conducted in collaboration with Genix to promote sustainable food practices under SDG 2 (Zero Hunger). Students engaged with the management and staff of a local restaurant to discuss issues related to food waste, unsafe handling, and inefficient consumption practices. The campaign highlighted the environmental, social, and economic consequences of food wastage and its impact on food security. Practical recommendations such as portion control, improved storage, repurposing surplus food, and promoting mindful eating were shared to encourage sustainable practices. The initiative reinforced responsible consumption and supported efforts toward building a more efficient and sustainable food system within the community.



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ACTIVITY 06: WORLD FOOD DAY

Organized By:
The Department of Bioinformatics and Biosciences



An FM podcast was conducted at Capital University of Science and Technology in collaboration with a faculty member from the Department of Biosciences and Bioinformatics to commemorate World Food Day and promote SDG 2 (Zero Hunger). The session addressed food insecurity in Pakistan, highlighting the impact of climate change, floods, and agricultural disruption on national food systems. Discussion emphasized climate-resilient agriculture, improved water management, policy reforms, and community-based adaptation strategies to combat hunger and malnutrition. The interconnectedness of poverty, environmental degradation, and food security was critically examined to encourage informed dialogue. The initiative supported SDG Targets 2.1 and 2.2 by promoting awareness, sustainable farming practices, and long-term resilience within local food systems.



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ACTIVITY 07: PROMOTING ECO-FRIENDLY FOOD PRACTICES

Organized By:
The Department of Bioinformatics and Biosciences



An FM podcast was conducted at Capital University of Science and Technology in collaboration with a faculty member from the Department of Biosciences and Bioinformatics to commemorate World Food Day and promote SDG 2 (Zero Hunger). The session addressed food insecurity in Pakistan, highlighting the impact of climate change, floods, and agricultural disruption on national food systems. Discussion emphasized climate-resilient agriculture, improved water management, policy reforms, and community-based adaptation strategies to combat hunger and malnutrition. The interconnectedness of poverty, environmental degradation, and food security was critically examined to encourage informed dialogue. The initiative supported SDG Targets 2.1 and 2.2 by promoting awareness, sustainable farming practices, and long-term resilience within local food systems.

