

SDG 08

DECENT WORK & ECONOMIC GROWTH



LIST OF ACTIVITIES

SR. NO.	ACTIVITY TITLE
1	Pakistan Stock Exchange Visit
2	Enhancing Student Wellbeing to Support Productivity and Future Workforce Readiness

8 DECENT WORK AND
ECONOMIC GROWTH



ACTIVITY 01: PAKISTAN STOCK EXCHANGE VISIT

Organized By:
The Department of Accounting and Finance



The educational visit to the Pakistan Stock Exchange (PSX), arranged by Mam Sadaf Adalat, provided students with a practical understanding of financial markets and stock trading mechanisms. During the visit, participants observed live trading sessions, explored the functioning of the trading floor, and learned about the roles of brokers, investors, and market regulators. The session emphasized the significance of informed investment decisions, risk management, and financial literacy in building personal and national economic growth. Interactive discussions and Q&A sessions encouraged students to analyze market trends and understand the impact of economic policies on stock performance. This visit supported Sustainable Development Goal 8 (Targets 8.3 and 8.5) by enhancing students' skills and knowledge for productive employment and entrepreneurship.



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ACTIVITY 02:

ENHANCING STUDENT WELLBEING TO SUPPORT PRODUCTIVITY AND FUTURE WORKFORCE READINESS

Organized By:
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The seminar titled “Enhancing Student Wellbeing to Support Productivity and Future Workforce Readiness”, organized by the Occupational Safety & Health (OSH) Club in collaboration with the Jinnah Management Society (JMS) at the Capital University of Science and Technology (CUST), aimed to raise awareness about physical and mental wellbeing among students. Featuring Dr. Kiran Naz, a healthcare management lecturer and researcher, the session highlighted the importance of maintaining a balanced lifestyle to enhance focus, productivity, and academic performance. This activity supports SDG 08, particularly Targets 8.5 and 8.6, by promoting physical and mental wellbeing as key enablers of productivity, employability, and academic performance among university students.